

| | Wed | Start | End | Duration |
|--|-------------|--------------|------------|-----------------|
| | | | | |
| | Block 1 | 7:45a | 8:58a | 73 |
| | Nutrition | 8:58a | 9:03a | 5 |
| | Pass | 9:03a | 9:09a | 6 |
| | Block 2 | 9:09a | 10:17a | 68 |
| | Nutrition | 10:17a | 10:22a | 5 |
| | Pass | 10:22a | 10:28a | 6 |
| | Block 3 | 10:28a | 11:36a | 68 |
| | 1st Lunch | 11:36a | 12:16p | 40 |
| | Pass | 12:16p | 12:22p | 6 |
| | Block 4 | 12:22p | 1:30p | 68 |
| | Common Prep | 1:30p | 3:10p | 100 |

Junior College and Career Exploration

Block 1: 7:45 – 8:58

- Take Roll
- Introduce yourself and tell the kids your story about college/career.
- Have the students take the Pre-survey
- What Kind of Life do You Want activity? Career Zone

Block 2: 9:09- 10:17

- Take Roll
- California Career Colleges Interest Research Assignment

Block 3: 10:28-11:36

- Take Roll
- Career Technical Education (CTE) Certificate and Degree Programs

Lunch : 11:36-12:16

Block 4: 12:22-1:30

- Take Roll
- Watch the “Did you know shift happens” video and discuss
- Sample Job Application
- Resume
- Have the students take the Post Survey towards the end, but make sure they have enough time.

Time Fillers

- Retirement Information
- Career Videos